

COVID-19: what you need to know

Symptoms of COVID-19 include **fever, shortness of breath** and **coughing**.

Take these simple precautions to stay healthy:



wash your hands often with soap and water for at least 20 seconds



avoid touching your eyes, nose or mouth, especially with unwashed hands



cough and sneeze into a tissue or your sleeve (not your hands).



stay home if you are ill

Most people with coronavirus recover on their own. If you become severely ill, hospitals can provide supportive care.

